

### Environdil 22 canada - June 2020

## Surface Sampling and Detection for COVID-19 Virus

#### Introduction

ALS Canada now provides a routine analysis service to test critical environmental surfaces for the presence and persistence of SARS-CoV-2, the virus that causes COVID-19. Test results are intended to help monitor and strengthen the effectiveness of disinfection and sanitation measures, particularly after outbreaks or positive tests in a business, care home, or public facility. Proactive testing of critical sanitized or decontaminated surfaces gives confidence to workers and stakeholders that your facility is safe.

#### **Sampling Guidance**

Help protect your employees, patrons, and the general public by identifying which surfaces in your facility may play a role in the onward transmission of COVID-19. Identify and test "high-touch" surfaces in common areas of your facilities, especially surfaces that may be touched by many different people.

Typical surfaces targeted for testing include:

- · door handles and handrails
- · light switches
- · restroom areas
- · time clocks
- · tables and desks
- telephones

Please note that this test is intended and validated only for use on environmental swab samples, and is not suitable for the testing of humans or animals.

#### **Laboratory Detection Method**

The ALS test for SARS-CoV-2 uses a molecular diagnostic assay that detects the presence of viral ribonucleic acid (RNA) that is unique to the virus. This gold standard test is closely modeled after clinical testing protocols recommended by the US CDC, but modified for the testing of environmental surface swabs. The test involves the amplification of targeted viral RNA by a process called Reverse Transcription Polymerase Chain Reaction (RT-PCR).

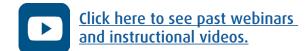


High-touch surfaces in common areas of your facilities may play a role in transmission of COVID-19.



Results are reported as positive or negative with a positive result indicating the presence of SARS-CoV-2 genetic material.

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A swab from an environmental surface is first processed for nucleic acid extraction and amplification. Since SARS-CoV-2 is an RNA virus, the first step is to convert RNA (if present) into DNA, using reverse transcription. Primers are specific gene sequences connected to enzymes that copy DNA. Primers specific to the SARS-CoV-2 genetic sequence are used to amplify the target DNA in test sample extracts. Amplification of DNA involves heating the sample to separate the DNA strands, duplication of DNA using specific SARS-CoV-2 primer and enzymes, followed by cooling to join the DNA strands. This cycle is repeated multiple times, and is called Polymerase Chain Reaction, or PCR. Probes are specific gene sequences attached to a fluorescent dye. Probes specific to the SARS-CoV-2 virus are used to bind with targeted DNA, which makes the amplified copies of the virus detectable by sensitive laboratory instrumentation. If the amplified fluorescence level exceeds a pre-determined background threshold, the test is positive. Both positive and negative controls are utilized as routine Quality Control checks to ensure validity of test results.

A positive result indicates the presence of SARS-CoV-2 genetic material. If the targeted genetic material was not present in the sample, the PCR process would not have made any copies and the test will be negative.

# RNA DNA

RNA is converted into DNA using reverse transcription PCR (RT-PCR).

#### Sampling and Shipping Instructions

COVID-19 surface testing is offered in Canada by the ALS Winnipeg laboratory. ALS provides our clients with sampling kits that contain everything needed to collect surface swab samples for COVID-19 testing, including sterile swabs with wetting agent, sample vials with preservative, and detailed sampling instructions. Once a swab sample has been taken, the swab is placed into a sterile sample vial. The preservative within the vial lyses and inactivates the SARS-CoV-2 virus (if present), rendering it non-infectious. As a result, sample shipments to the laboratory have no potential to be biohazardous. The preservative also prevents growth of fungi and bacteria (Gram-negative or positive).

According to WHO guidelines, the maximum sample hold time is 72 hours prior to analysis, so sample shipments must be transported to the laboratory as soon as possible. Sample coolers should be packed using the ice packs provided; storage at  $\leq$  8°C is recommended.

Please contact ALS Winnipeg or any ALS Canada main location for additional guidance, and to arrange for provision of sample test kits.



Sampling kits contain everything needed to collect surface swab samples.

#### Reference

World Health Organization (2020). Surface sampling of coronavirus disease (COVID-19): a practical "how to" protocol for health care and public health professionals, 18 February 2020, version 1.1. World Health Organization.

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